

Dowsing

What is dowsing? You will probably hear many different theories trying to explain this art and science. Basically it is a way of accessing information that is not available through means of our 5 senses or current scientific instruments. Chances are that scientific discoveries, especially in the field of quantum physics, may soon explain how it is working.

The way I see it - our higher self, or superconscious, is connected with the source, whatever you want to call it - god, divine, super mind, collective unconsciousness...

In order to communicate with our higher self at very high subtle vibrations we need to use our conscious mind, trying to keep our sub-conscious mind out of the picture. This ability to keep our sub-conscious mind from interfering is directly related to the accuracy of our dowsing. We must embody Higher consciousness.

Movement of a dowsing tool is just an indicator of a signal received from our higher self through un-conscious or super conscious.

According to archeological findings - dowsing is at least as old as the ancient Egyptian civilization. When you ask average person about dowsing - most will know about dowsing for water, also known as water witching or divining.

Steps below- There are many uses of dowsing in everyday life. First, take a deep breath in and ground and center your self and intend to be fully present. Then call on your guides and ancestors to help you.

The easiest way to start is to use a pendulum. Start by holding your arm out unassisted by props. Ask the dowser to show you your "Yes". This is easy to do by stating "my name is ... Your real name). Allowing your hand and arm to be free, witness what the dowser does.

Make another true statement and see what the dowser does. After a few of these true statements you should see your dowser move in the same way each time. This movement is your "Yes". Now repeat the process making un-true statements and your dowser will start to show you what your "No" is. Practice breeds consistency.